



PE and Sport Grant 2018/19

In 2018-19, Riverside School received £8,332 as its Primary Sports Premium, a grant provided from the Department for Education to enable the school to improve the quality and breadth of PE and sports provision for primary-aged pupils. This additional funding continues to enable us to introduce new and exciting initiatives which continue to impact on our pupils' participation in sport and the development of healthy lifestyles.

Riverside School will continue to appoint a full time PE Coordinator and this role continues to facilitate greater access and opportunities in sport across both our St Paul's Cray and Beckenham sites. The current coordinator has been at the school since September 2011, and with his wide range of academic qualifications and experience, remains committed to establishing Riverside School as a Centre of Excellence for inclusive sport.

Through the additional funding, Riverside School has been able to offer lessons in a variety of sports such as football, cricket, tennis, multi sports and athletics to primary-aged pupils at both sites. In support of this records have continued to evidence the significant achievements made by a number of pupils. Participation, enjoyment and performance levels have improved, partnered with progress in numeracy, communication, teamwork and social skills attributed to the use of sport in their curriculum. National statistics have shown the following in support of this statement:-

- 96% of schools reported improvements in pupils' physical fitness, 93% saw improvements in behaviour, and 96% thought the funding had contributed to a healthier lifestyle for their pupils (gov.uk)

As a result of the pupils' progress, the school will also continue to appoint a lunch time activities organiser to implement a wealth of sports clubs every day of the week. This remains a huge success with primary pupils accessing cycling, trampoline, football, multi-sport and Zumba sessions whilst continuing to integrate with other classes.

We have continued to fund our two new initiatives, swimming for schools and rebound therapy with huge success. The ASA Swimming for schools awards is now accessed by over 70 primary pupils working between levels 1 and 4, an increase of over 30 on the previous year. This course continues to teach the children pool rules, travelling in the water forwards, backwards and sideways, and how to breathe under water, giving them some valuable skill sets to take their swimming forward whilst earning certificates along the way. With the continued success of these options have implemented the 'I Can' Awards at Riverside to offer more children the chance to succeed in swimming.

Rebound therapy has been another successful example of how we have spent the sports premium. The funding has enabled us to allocate 1 and a half days rebound therapy sessions for pupils across the school in our state of the art sunken trampoline room. These sessions provide a physical workout improving muscle tone, movement and balance whilst promoting relaxation, sensory integration and communication. This year over 20 pupils have accessed regular rebound therapy, helping to make a positive impact on their lives.

We have also been able to sustain vital links with the national sporting and leisure organisations we had previously forged. Primary-aged pupils at both sites have been able to access a variety of

sessions. These sessions and events have included multi sports run by the Change Foundation, Panathlon Games, Cricket with the Kent County Cricket Association and football tournaments held at the South London Special League. We have established a link with Bromley FC who have provided coaching for pupils. We have also set up a girls football team and taken a group of pupils to watch the Women's SSE Cup Final at Wembley.

The school continues to use the premium to provide staff at all of these events prompting greater numbers accessing sporting competitions and a higher level of performance. The PE and Sports Grant has continued to enable the school to provide additional opportunities for our primary- aged pupils externally. Sessions in horse riding, and swimming at the Beckenham Spa remain a huge success, whilst the use of Cator Park and Kent County Cricket Ground, Beckenham to run PE lessons and Sports Day has proved invaluable.

The school has also renewed its membership with the Bromley Primary School Sports and Clubs Development Association. This membership continues to support our staff as it provides lesson plans, competitions, community sports clubs, CPD opportunities and online resources through the access to its website. Courses have also been attended by school staff in Dance, multi sports, gymnastics and athletics allowing us to provide the most varied physical education curriculum for our primary-aged pupils ever. We have also funded poolside instructors at both Whiteoaks and Darrick Wood; specialist Dance Company workshops and the additional resources for sensory circuits have been sustained.

As the school retains such a diverse pupil population where numbers will continue to grow, we are wholly committed to providing all our pupils with memorable sporting opportunities that are truly life enriching. The fund will continue to provide the school with the ability to increase participation in PE and sport in the following ways: -

- The purchase of a new cycling equipment and a new partnership with Sidcup cycles to maintain safe and supportive equipment;
- Swimming for Schools opportunities to continue, with the new 'I Can' swimming awards
- Continued support for sports provision across primary years (courses, staff etc);
- The continued employment of staff to promote sport, dance and performing arts through lunch time clubs;
- An increased rebound therapy timetable enabling more pupils to access the trampoline with an emphasis on physical and communicative progress.
- Continued subsidy for horse riding (hippotherapy) for primary-aged pupils.
- Continued membership with BPSSCDA. We are extremely proud of our PE and Sport provision at Riverside School and for the details of some of our current projects, please see our gallery on our website.

