



Chicken

Curry



what



ingredients



how much



Olive Oil



1 tablespoon



chopped



chicken



500g



chopped



Onion

1



chopped tomatoes

1



tin



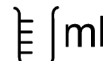
chicken



stock cube



in



150

ml



boiling



water



ginger



1 teaspoon



ginger



turmeric

2



2 teaspoon



turmeric



curry powder

4

4



teaspoons



Method



fry



onion

in



olive oil



add



ginger



turmeric



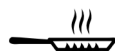
and



chilli powder



add chicken



fry

for 1 minute.



add chopped tomatoes & stock



simmer for 15 minutes



boil

::

some



rice



(see



label

for



instructions)



serve

&



enjoy