

How to find us

St Paul's Cray site:

66-68 Cotmandene Crescent, St Pauls Cray, BR5 2RQ

The venue is situated in a shopfront along the high street.

Bus routes: B14, R1, R11.

Eden Park site:

170 Upper Elmers End Road, Beckenham, Kent, BR3 3DY

The venue is situated in a shopfront along the main road.

Bus routes: 358, 194 and 356.

Please contact us for further information.



Day Opportunities Scheme

For disabled adults

Our Day Opportunities Scheme is for disabled adults. It runs during the week from two sites in the London Borough of Bromley.

Participants are fully involved in planning the monthly programme of activities through our regular client-led focus groups. We offer as wide a choice as possible to enable a broad range of opportunities. Activities aim to enhance travel training, independence skills, budgeting skills, access to the local community, preparation for employment, social wellbeing and, most importantly, having fun! Some activities are held at the project base, while others take place within the local community.

Once applications are received, we invite potential clients and their families to visit the project so they can see it in action and discuss any questions or concerns with our experienced team.

The day starts at 10am and ends at 3:30pm and services run Monday to Friday. We have two sites across the borough, so please contact us to check availability.

Each group caters for 12 adults, who are supported by a Scheme Leader and three members of staff.

All our staff are experienced in supporting people with disabilities and work on other Bromley Mencap projects. All staff are fully trained and are DBS checked.

The projects are based in Orpington and Eden Park and the cost per day is £60 or £130 per day if you require one-to-one support. The costs can be financed either by self-funding or Direct Payments. If you have a personal budget you can choose to take part of it as a Direct Payment and use this to pay for our service. We can help you complete the paperwork to set this up and assist you with the simple quarterly monitoring required by Bromley Council.

If you have any queries, would like more information about this service, an application form or details of current availability, please contact Nicki Debich by email at nicki.debich@bromleymencap.org or by phone on 020 8466 0790.

