

What you need to know

- All three courses are open to disabled adults
- Each course runs for two days per week
- The cost of the course is £60 per day
- Participants requiring a higher level of support can attend with their own PA, or be supported by one of our trained PAs for £130 per day
- Those in receipt of Direct Payments can use them to fund their attendance or participants can self-fund their place
- The horticulture and catering courses can accommodate a maximum of 6 participants
- The cycle maintenance course can accommodate a maximum of 3 participants
- There is no fixed length of time for the courses, as individual participants will develop skills at different times
- Employment specialists will support participants towards paid employment in their chosen area, once they have developed the required skills
- There is no obligation to seek paid employment –participants can choose to learn new skills for enjoyment or to develop independence
- For each project our facilitators will prepare individual learning plans for each participant, so progress is person centred and tailored to an individual's specific needs and aspirations
- Facilitators are supported by additional staff as required Each staff member will support three participants
- All our staff are experienced in each of the three business areas and have completed Bromley Mencap's comprehensive induction programme
- All our staff have enhanced DBS checks

Email caroline.stone@bromleymencap.org or telephone 020 8466 0790 for further information

Bromley Mencap, Rutland House, 44 Masons Hill, Bromley, BR2 9JG. Registered Charity Number: 800685
www.bromleymencap.org.uk



The Lodge



A specialist training centre for disabled adults

Norman Park, Hook Farm Road, Bromley, BR2 9SX

Bromley Mencap is an award winning independent charity providing a range of services and support to disabled people of all ages, their carers and families.

Our specialist training centre at the Lodge, Norman Park, offers disabled adults the opportunity to learn new skills to prepare them for employment in three key areas - horticulture, catering and cycle maintenance.

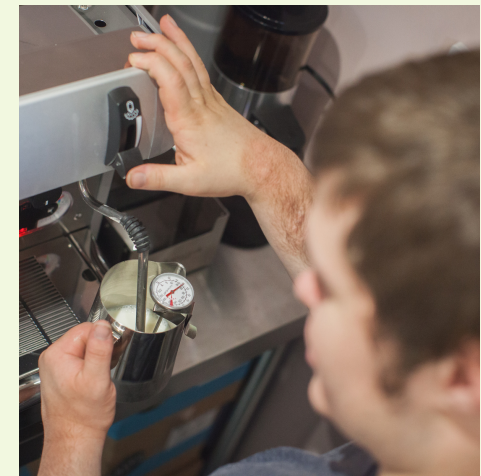
The training centre operates as a social business.

Our Facilitators guide participants through individual, person-centred courses, which include a mix of classroom learning, practical work experience and certificated learning. This provides the skills required to seek employment with the support of our employment specialists.



Catering/Barista Course

Learn how to run our Norman Park kiosk. Classroom sessions include kitchen safety, food hygiene, stock rotation, stock management and customer service skills. Participants undertake work experience in our café with the support of trained staff and volunteers, and complete certificated learning in food hygiene, first aid and health and safety.



Horticulture Course

Learn how to run a professional horticulture project. Classroom sessions include planning for planting, knowledge of produce that can be grown, seasonal variations and the ongoing maintenance and development of the project. Participants undertake practical work experience in the garden with the support of trained staff and volunteers, and complete certificated learning in health and safety, first aid and tool safety and maintenance.



Cycle Maintenance

Learn how to maintain and service a bicycle. Classroom sessions include learning about bike mechanics how bikes work and what needs to be done to service and maintain them. Participants have 'hands-on' work experience in our cycle workshop and work on donated bikes to bring them up to standard to sell and hire. Certificated learning includes courses in first aid, tool safety and maintenance.

