



PEA SOUP



INGREDIENTS

1



one onion

2



two cloves of garlic

1



1 potato



300g of frozen peas



700g vegetable stock.

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1 Peel and chop the onion, garlic and

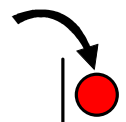


potato.

2



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2. Put 1 teaspoon of oil into a

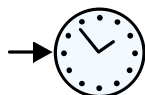


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saucepan. Add the onion and garlic

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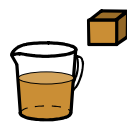


and fry until cooked.

3



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3. Add the potato, peas and stock

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and cook for 15 minutes.

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1.