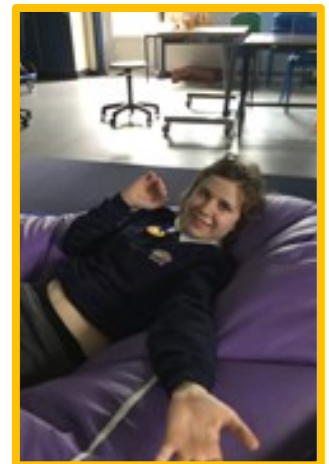


TACPAC

What is it and why do we use it?

TACPAC is a 'sensory communication resources using touch and music to help communication and social skills'

- Highly beneficial for pupils with sensory processing difficulties
- Quality time with one to two pupils
- Helps to build trust
- Promotes positive interaction and touch
- Relaxing structured session for pupils wellbeing
- Frames a relaxation session
- Encourages social communication opportunities with peer to peer interactions
- Life skills, e.g. putting shoes and socks on

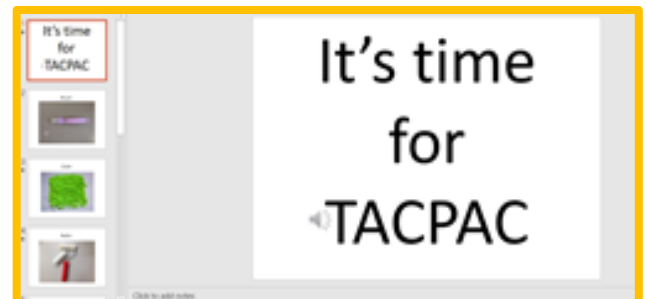


Who is it for?

A wide range of pupils for whom sensory processing is a difficulty

- Pupils who require a position change and can therefore use this session to get out of their wheelchairs
- Pupils who struggle to touch a range of sensory media
- Pupils who require help to access the world around them
- Use as a communication tool

<https://tacpac.co.uk/what-is-tacpac/>



What does it look like?

- PowerPoint with pictures of different tactile stimuli and corresponding music
- Packs with the corresponding tactile stimuli in them
- Where possible remove pupil's shoes, socks and jumpers
- Relaxing sessions on beanbags or chairs
- Pupil led - be playful
- Create a responsive environment in which the pupil can react to the object

