



Join us for the next Riverside
Connect event at:

Riverside St Paul's Cray

Thursday
18th May 2017
10:00-11:30am

*Sleep -
Strategies to support*

Sleep:

Come along and join us at our next workshop led by **Colette Graham**, Sleep Consultant and Teaching Assistant at Riverside School.

Many pupils at Riverside school struggle with sleep and we would like to share with you some strategies that can be really helpful.

We are really looking forward to seeing you all there.



Lisa Mason



Amy Skelton