

**#HelloYellow**

LET'S  
**BRIGHTEN**  
**UP A SCHOOL DAY**

**FOR YOUNG PEOPLE'S MENTAL HEALTH**

*Lockdown is having a devastating effect on some children and young people's mental health. It's been unbelievably hard, but, together, we can make a difference and show young people they are not alone.*

*If you would like to, we invite you (staff and pupils) to wear something yellow to raise awareness and show young people that they're not alone with their mental health.*

*So please wear something yellow on:*

*Friday, 9th October 2020*

