

# Nourish



NUMBERS FEEL GOOD

## MENU

THURSDAY 20TH JANUARY 2022

**Beefburger** 1,5,6

60% burger + 40% bun = 100% delicious

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**Cheese & Tomato Wrap Stack Triangles** 1,7

How many sides are there?

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**Jacket Potato with a Choice of Toppings** 7,8,9

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**Spaghetti Zeros** 1

**Sweetcorn & Peas**

**Jacket Wedges**

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**Millionaire Biscuit** 1,7

**Ice Cream** 7

**Fruit Pots**

**Yoghurt** 7

Allergen code: 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame  
6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs  
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Complete the Sudoku Puzzle correctly and take to the counter at lunchtime to be entered into a draw for a prize.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 6 | 7 |   | 2 |   | 8 |   |   |
|   |   |   | 6 | 1 |   |   |   |   |
| 2 | 8 |   |   |   |   |   |   |   |
|   |   |   |   |   | 5 |   | 2 | 4 |
| 8 | 3 | 5 | 2 | 6 | 4 | 1 | 9 | 7 |
| 4 |   |   |   |   | 3 | 5 |   | 8 |
|   | 2 | 8 | 3 | 4 | 1 |   | 5 |   |
|   |   | 3 | 7 |   |   |   |   | 1 |
| 5 |   |   |   | 8 | 6 | 4 | 3 | 2 |

How many Mr Nourishes are on this flyer?

Name: \_\_\_\_\_

Class: \_\_\_\_\_