

YOUNGMINDS

**Hello
Yellow**

Wear it loud. Wear it proud.

Together we can create a brighter future for young people's mental health and wellbeing.

A splash of yellow can make a big difference! Find your brightest yellow - whether it's neon socks, a custard scarf or a banana hat - and show young people they're never alone in their mental health struggles.

We invite you to wear something yellow on
Thursday 10th October 2024.

#HelloYellow



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