

#HelloYellow

Saying **#HelloYellow** is a little thing we can do to raise awareness and make a BIG difference to Young Minds on World Mental Health Day.

Together we can create a brighter future for young people's mental health.

Because a little yellow goes a long way. Dig out your neon socks, custard scarf and banana hat - let's show young people they're not alone with their mental health!



**So, please wear something yellow on:
Monday, 10th October 2022**



YOUNGMINDS.ORG.UK/HELLOYELLOW

YOUNGMINDS