



# Buddying Scheme

- Are you a young disabled person aged between 14 and 25?
- Would you like to “buddy up” with a non-disabled peer and access leisure opportunities in the community?

## What are the benefits?

Buddying enables people to enjoy activities such as trips to the cinema and bowling alley, having meals out or going for a walk or kickabout in the local park. Travelling with their buddy on public transport encourages independence and the opportunities help to build confidence for future adult life.

We accept referrals from Social Services or you can self refer and the cost is £12.57 per hour.



Incorporating Bromley Scope

To find out more, please contact Eleni Clark.

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