

**Bromley**

**Well**



# Young Carers

**Bromley Well** provides a service for Young Carers. The service supports Young Carers aged 4 to 19 to manage caring relationships whilst enjoying your childhood.

The service employs two full-time Young Carer Workers and provides:

- Opportunities to meet with other young carers, have fun, discuss any worries and try out new activities
- Emotional support
- Counselling by a professional counsellor
- Training courses
- Workshops
- On-line support
- Peer support groups
- Leisure activities
- A Young Carers Forum
- Support for preparing for adulthood



We are also developing a new Young Carers App, newsletter and website to help bring Young Carers together and learn more about activities available to you in Bromley.

To make contact or refer someone to the Bromley Well service please  
phone the Single Point of Access on **0300 3309 039**  
or email [spa@bromleywell.org.uk](mailto:spa@bromleywell.org.uk)

Delivered by:



Funded by:

