



Are you raising a relative or friend's child?

You might be a kinship carer and we are here to support you.

Kinship is the national kinship care charity. We want kinship carers and the children they are raising to be recognised, valued and supported.

- Do you sometimes feel overwhelmed?
- Not sure what benefits you're entitled to?
- Worried about the children's behaviour?
- Maybe you just want to talk to someone who understands what you are going through?

We know it can be tough being a kinship carer. You are not alone.

**Kinship Connected** is a support service that has been commissioned by your local authority, to support kinship carers like you.





# Free support for you

## One to one support

Our experienced and independent Project Workers are based locally and will work with carers holistically for six months to support with a range of challenges.

## Support groups

A safe, friendly place for you to meet in-person and share your experiences with other kinship carers in your region.

## Advice and information

Experts in kinship care rights, finances and information, our advisors can be contacted by phone to help you make informed decisions for your family.

## Talk to another kinship carer

Our Someone Like Me service connects you with one of our trained volunteer kinship carers who can draw on their experiences to support you.

## Virtual support groups

A safe, friendly place for you to meet virtually to share your experiences with other kinship carers.

## Get in touch for support today:

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m: 07355035770

Kinship: [www.compass.kinship.org.uk/](http://www.compass.kinship.org.uk/)