

ACTIVITIES and SUPPORT for CHILDREN WITH DISABILITIES

SPECIALIST SCHEMES AND ACTIVITIES EASTER 2016

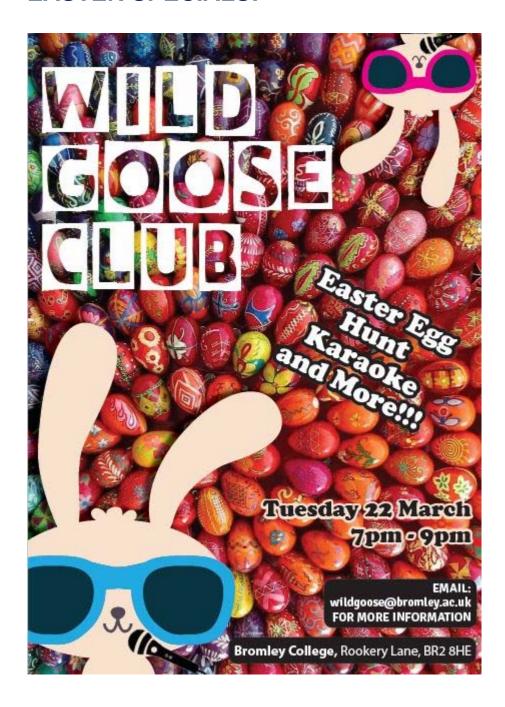
Bromley Disabled Children's Team has continued to run services commissioned by the local authority which can only be accessed through a referral from the Disabled Children's Team. This includes the Riverside Club running for 3 weeks during the summer holidays, during the Easter and Christmas periods also and a twice monthly Saturday Club. In addition, Bromley have commissioned one other group based provider FAMILY LINK to allow for any potential increase in demand particularly over the school summer holiday periods and during the February half term holiday, due to decreased level of days available through Riverside. The majority of these dates are booked with existing users; however we are including this information to make people aware of the dates and the support that is available for eligible families. To access this service your child will need to have a CAF referral or social work assessment. To apply for this service contact a duty social worker from The Disabled Children's Team on: Tel - 020 8313 4511.



For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Bromley MyLife Website: http://bromley.mylifeportal.co.uk/localoffer

EASTER SPECIALS!



For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Bromley MyLife Website: http://bromley.mylifeportal.co.uk/localoffer



Kids and Crew

Will be running two Easter Fun Sessions

At the Phoenix Children's Resource Centre Classrooms
40 Masons Hill Bromley BR2 9JG
On Thursday 31st March 2016

These play sessions are for children age 3-7yr who have Additional Needs and their siblings also aged 3-7yrs.

Morning session 9:30 am - 12noon.

OR

Afternoon Session 1pm - 3:30pm

Book Early as places are limited and will be allocated on a first come basis via a completed application only.

One session per child - Snack and drinks provided

COST: £10 PER SEN CHILD - £8.50 SIBLINGS

Easter Egg and Easter Party Bag for Every Child

The Fun will include A visit from the Easter Bunny, face painting, Easter crafts, icing cakes and biscuits, soft play, sensory room and lots more.

Kids and Crew offer high adult: child ratios of 1:1.5 for SEN Children and 1:4 for siblings. All staff are experienced and hold up to date DBS checks.

If you feel your child needs 1:1 support please contact me to discuss the possibility of accessing this.

For queries details OR APPLICATION please contact: Lynne Fletcher - at KidsandCrew@hotmail.co.uk phone 01689 810717 - 07999 487674

Funded by Kids and Crew Fundraising Events and Kind Donations



The Maypole Project

Easter at Gambado



Booking Form

Easter at Gambado

Date: Wednesday 6th April

Venue: Gambado, Copers Cope
Road, Beckenham, BR3 1NZ.

How to Book:

Complete the booking form and return to:

By post: The Maypole Project, 51 High Street Green Street

Green, Kent BR6 6BQ

By email: Info@themaypoleproject.co.uk

JOIN US for an evening of EASTER FUN at Gambado, Beckenham

Gambado in Beckenham has once again, very generously donated their centre, exclusively for our families and we would be delighted if you were able to join us for an evening of FUN!

Slides, ball pits, soft play areas, carousel and face painting. Free tea and drinks for children and young people and refreshments for parents and carers.

BOOK YOUR PLACE by Wednesday 30th March

Don't forget your socks

At this party please stay and enjoy the event with your children! (Some staff available for additional help)

PLEASE COMPLETE AND RETURN	
First Name	_ Surname
Address	
Email Address:	_ Daytime telephone
Twitter ID:	
Number of children attending:	
Names of children:	
Please can I book tickets at £10 each	
Your payment details	
I enclose a cheque made payable to The Maypole Project	
I have transferred the funds in TMP bank details: Lloyds Ban	to TMP's bank account: k. Sort Code 30-97-12 Account number 03536246

The following activities can accessed directly with the relevant provider

Ability Sports

Multi-sports club for children with pan disabilities of primary age, including; Boccia, Seated Volleyball, Basketball, Zone Hockey, Football, Polybat, Teeball, Benchball, Table Tennis and Cup Stacking.

Tel: 07947 700262 Contact Susan Bushell for more information. Email: susanj.bushell@btinternet.com Web: www.abilitysports.co.uk

Aqua Kids

Pre school adult and child swim lessons. Term time adult and child lessons for children with additional needs and disabilities to enjoy and swim in a sensory hydro pool. The sessions are led by a qualified teacher who is in the water with the aim being to develop FUNdamental swim skills, develop language and social skills and to have fun in the warm pool. Monday 9.30am-10.00am Marjorie McClure School, Hawkwood Lane, Chislehurst, Kent, BR7 5PS For more information contact Lorna Crust: Tel: 07802 660516 Email: l.crust@ntlworld.com

Bromley and Downham Youth Club

8-11 years – Monday 6.30pm to 8.30pm, Over 11 years – Tuesday, Thursday and Friday 6.30pm to 9.00pm, Boxing Club: Tuesday and Thursday: 8-11 years 6.30pm to 7.30pm, Over 11 years 7.00pm to 9.00pm Advice and guidance for young people, cooking club, Pool and Table Football, TV, Wii and PC's, Karaoke, Health and Beauty, Arts and Crafts and Knitting. Many sports activities including; football, boxing and dancing. £1 entry fee. Tel: 020 8461 2597 between 6.30pm and 8.30pm Mon to Fri 41 Valeswood Road, Bromley, Kent, BR1 4RD

Email: info@banddyc.uk Web: www.banddyc.co.uk

Family Swim at Virgin Active Bromley

For children aged 2-10yrs with a special educational need or disability and their families. Kids and Crew and Virgin Active are happy to be able offer families the opportunity to take part in a family swim at Virgin Active Leisure Centre Baths Road Bromley, BR2 9RB. Sessions will be one Sunday a month and will take place in the children's pool and be specifically for family swim and closed to the general public for the time stated below. Between 2-3pm. Entrance is £3:50 per person

Places are limited and must be booked in advance by contacting Lynne Fletcher at: KidsandCrew@hotmail.co.uk Children are the responsibility of parent/carers at all times.

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Bromley Libraries Family Film Club

Bromley Central Library is presenting a new monthly community film club for children and young people with additional needs and their families. The event includes time to discuss and review films or to be creative at their arts and craft table. The aim is to show an interesting and varied programme of films especially selected for young people between around 10 and 17 years old. The films will have a PG rating or below and should be appropriate for younger siblings as well. The club is set up through Into Film, an educational charity that was devised by film director Beeban Kidron (from 'Bridget Jones' fame) to share and instil an interest in storytelling through film. Stories are not solely communicated through books and literature, but increasingly through the screen. With this unique experience the club hopes to create an exciting cinematic journey for families to embark on together.

The library hall (4th floor) has wheelchair access and a disabled toilet, but no changing facilities. The screening will take place in a hall within the library and not in a cinema environment. This means that seating is on normal chairs and the room is not entirely dark. People are free to move around or sit at a separate craft table during the screening if they wish. Children and young people cannot be left unsupervised and need to be accompanied by a parent or carer at all times. This event is led by volunteers and responsibility for the children and young people rests at all times with the parent or carer. This is a free event but booking is essential. They are looking for families who are able to make a commitment to attend regularly so that they can create a real club experience.

Children will be able to take an active role, suggest films and take part in competitions. If a child falls outside the age range, but families feel that he/she would enjoy and benefit from the club, you can get in touch with the organiser to discuss. Upcoming date as follows: **26th March** Please email the Film Club Leader, Saskia van Roomen, for further information and to register your interest: saskiavr@hotmail.co.uk. More information about Film Club can be found here: www.filmclub.org. A more formal application process will start once they have an idea of numbers. Saskia van Roomen – 07747758855

Gambado

Runs an inclusive provision at the Natwest Sports Ground, Copers Cope Road, Beckenham, BR3 1NZ

Tel: 020 8662 6910 Web: www.gambado.com/clubs/beckenham

OE BEARS

Specialist cricket club for children with additional needs and disabilities. A structured training programme with qualified and specialist coaching, regular matches and tournaments on **Thursdays between 5.30-7.00pm for ages 9-19** at the Old Elthamians CC, Foxbury Avenue, Perry Street, Chislehurst.

Frances Driscoll - Tel: 020 8694 0347 Mob: 07751 133 190

Email: francesdriscoll@hotmail.com

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Wheels for Wellbeing

Supporting disabled people to cycle. Croydon Sports Arena, Albert Road, South Norwood, SE25 4QL £3 per session (participant of any age); Free one supporter/carer/relative;£1 additional supporter/carer/relative;£1 non-disabled sibling aged over 10 Free non-disabled sibling aged under 10

Tel: 020 7346 8482 Email: info@wheelsforwellbeing.org.uk

Web: www.wheelsforwellbeing.org.uk

Advice and support giving organisations and groups

Voluntary organisations that can offer support and advice to families. Some run activities over the holiday period. Contact each individual organisation for more details:

Amaze Penge

AMAZE PENGE is a group for parent and carers of children with additional needs and disabilities (school ages), who live in, or attend school, in the Anerley or Penge area SE20. They meet on a Tuesday in the Anerley Methodist Church from 9:30 to 11:30am during term times. Coffee and cake provided and a voluntary contribution of £1 can be made. For more information contact: **Cherry 07882760828 or Carole 07540699349**

Bromley Parent Voice

Bromley Parent Voice is a forum that aims to be a voice to inform service providers of the needs of children and young people with a disability or additional need and their families.

Bromley Parent Voice's membership is made up of residents of the London Borough of Bromley who are parents and carers of a child or young person with an additional need or disability, aged birth to 25. More information can be found on their website. Kay Moore (Parent Participation Officer) Tel: 020 8776 3170 Email: info@bromleyparentvoice.org.uk

Web: www.bromleyparentvoice.org.uk

Burgess Autistic Trust

Tel: 020 8464 2897 Email: info@burgessautistictrust.org.uk

(formerly Bromley Autistic Trust)

Burgess Autistic Trust (BAT) provides information and support for those with Autistic Spectrum Disorder (ASD) and their families, carers and professionals. The range of services offered include; Family Service for children aged up to 18 and their families, through to services for the over 18s including Outreach Service, Independent Lifestyles and Adult Services.

Family Service for the under 18s includes post diagnostic service for parents, a range of parent training including ASD awareness and specific issues such as eating, sleeping, toileting, behaviour management and social stories. Personal one-to-one support is also offered, together with a telephone and email support line.

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

There are workshops for children including "Being a Sibling", "Step Up" (Secondary Transition Education Programme) and "Understanding Myself" for children who are aware of their diagnosis and wish for further factual information. BAT also provides an ASD specific library with an extensive range of books and resources.

For further information contact: Tel: 020 8464 2897

Web: www.burgessautistic.org.uk Email: info@burgessautistictrust.org.uk Burgess Autistic Trust Youth Club

Age range 18-25 years. Every Wednesday evening 7-9pm at the student common room at Bromley College, Bromley Common for young people with Asperger's. Provides a social club with discussion on various topics, computers, board games, pool tables and outings during the school holiday period and much more. Transport is not provided.

Carers Bromley – Tel: 01689 898289 Freephone: 0800 015 7700 Caritas House, Tregony Road, Orpington, BR6 0DG

Email: help@carersbromley.org.uk Web: www.carersbromley.org.uk

A support and advice-giving organisation; assistance for the carer for the family of an adult whose life is in some way restricted because of the need to take responsibility for the care of someone with a long term illness, disability, mental health difficulties, drug and alcohol abuse, etc.

For siblings at school, funding can sometime be applied towards a school trip/break, as well as, help for costs of overnight trips, etc. Also run a 'Carers Forum Group'.

Bromley Young Carers

Young Carers are young people whose lives are in some way restricted because of the need to take responsibility for the care of someone in their family with a long-term illness, disability, mental health difficulties, etc. Runs alongside 'Carers UK'.

The service aims to provide:

- Support to young carers in Bromley, including their families
- One-to-one key worker involvement
- Practical support (e.g. short breaks) Regular health and information
- Sessions Activities in the school holidays
- Freephone helpline
- Regular newsletters Young Carers' forum

The service is for children and young people aged 4-18. Both professional and self-referrals are taken (preferably with family consent).

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

CASPA

(Children on the Autistic Spectrum Parents Association)

The service is based at The Link Youth Centre, Midfield Way, St. Paul's Cray and also holds sessions from The Hawes Down Centre, West Wickham. Caspa runs a variety of clubs and services including; Caspa Tots for under 5's with parents/carers on Tuesdays during term time between 10am-12pm at the Hawes Down Centre. At The Link Youth Centre: Me Time on Mondays between 12.15pm-2.15pm; Inters for 9-13 year olds for young people with ASD's and additional needs on Thursdays during term time between 6.30pm-8.30pm; Caspa Juniors for 5-10 year olds on Thursdays during term time between 4.15-6.15; Caspa Seniors for 11-25 year olds on Fridays during term time between 6.30pm-8.30pm. Independent Living Skills Programme for 14-25 year olds runs on Saturdays at various locations (contact for more details). Siblings are welcome for some of the sessions (check with provider).

There is a monthly membership fee and transport is not provided for any of the sessions. Activities may include ball games, IT suite, dancing, arts, selfdefense class and trampolining, including other interactive provision.

Tel: 07957 924287 Email: helen@caspabromley.org.uk

Web: www.caspabromley.org.uk

Deaf Access

Support, information and advice to the deaf and hard of hearing, including advocacy service, equipment demonstrations and advice. Parent and toddler group and play scheme. All ages supported.

Community House, South Street, Bromley, Kent BR1 1RH Tel: 020 8315 2550 Fax: 020 8315 2554 SMS: 07732 449 349

Web: www.deaf-access.co.uk

Email: information@deaf-access.co.uk Minicom: 020 8315 2552

Destiny Children & Family Support Group

The project provides tutorial classes and creative social activities for children with special educational needs and support group for families who have children with Autism, ADHD, speech and language, social and emotional difficulties or other learning disabilities. Tutorial Classes and Creative social activities runs every Monday and Wednesday from 5pm-7pm (£2.50 per child, age between 5-12 years). Tutoring in: Maths, English, Reading and Writing. Creative social activities in: the arts, social play, music and dance. Family Support Group runs on every Monday from 5-7pm. (Free Parents led support group). Support group for parents, siblings and carers run by parents to engage and share experiences to connect and meet with others, with guest speakers.

Bromley United Reform Church, 20 Widmore Road, Bromley, BR1 1RY Tel: 020 3583 3005 Mob: 07950 746544 Web: www.lwfci.org.uk

Family Link

Supporting young people with complex and physical disabilities and their families via the provision of leisure opportunities outside of school. Runs activity sessions throughout the year.

Tel: 07779 655 093 Email: askfamilylink@gmail.com

Web: www.familylink.org

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

The Maypole Project

Helpline: 01689 889889 Email: info@themaypoleproject.co.uk

Web: www.themaypoleproject.co.uk

Provides emotional support to children and young people with complex medical needs including life shortening or life threatening illnesses and their

families. Support for professionals working with these families.

Also provides activity days for disabled children and their siblings. Workshops

and other support available. Contact for more details.

Bromley Mencap

Bromley Mencap has developed a range of services to support people with learning and physical disabilities, including their carers. Bromley Mencap can assist with 'form filling' regarding benefits for children with disabilities and supporting parents in matters around education, transition and individual budgets. The service is collectively called "Family Services".

There is a telephone helpline and they also work with individual families, offering information and support, whilst encouraging choice and opportunity on all aspects of the disabilities spectrum.

'The Bromley Mencap Childminding Network', offers trained and registered childminders for children with learning disabilities up to 16 years of age. Also offers training courses for registered childminders wanting to work with disabled children. 'Network Plus' can support families of children with more severe and complex needs on a one-to-one basis.

Contact organisation for further details.

Tel: 020 8466 0790 Email: enquiries@bromleymencap.org

Web: www.bromleymencap.org.uk

Parents are Special Too – Blenheim support group

Runs every Friday (except for the 1st Friday of each month, **all year round**) at the Blenheim Children and Family Centre.

Tel: 01689 831 193 Email: blenheimcfc@bromley.gov.uk

A support group run by parents for parents, giving carers the opportunity to engage with others to share their experiences. Sessions include informal chats, workshops, guest speakers, including topical discussions on issues around caring for a child with an additional need or disability. Crèche facilities are available during the sessions (must be pre-booked). Sessions run every Friday (except for the 1st Friday of each month and also runs during the half term and the summer break periods. No crèche is available during these times). The group runs at the Blenheim Children and Family Centre (Orpington) and is supported by Bromley Parent Voice and The London Borough of Bromley.

New - Parents are Special Too @ Community Vision support group - this group runs on every Wednesday between 9.30am-11.30am (term time only). Tel: 020 8778 2970

Email: communityvisioncfc@bromley.gov.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Universal Family Information

Bromley Children and Families Website – general information for all family members (not disability specific).

Web: www.bromleyfamilies.info Email: bromleyfamilies@bromley.gov.uk

Children and Family Centre's 0-5's and family events/activities (centre activities vary – contact individual centre for more details)

Biggin Hill – 01959 571 694 – bigginhillcfc@bromley.gov.uk

Blenheim – 01689 831 193 – blenheimcfc@bromley.gov.uk

Burnt Ash - 020 8697 4503 - burntashcfc@bromley.gov.uk

Castlecombe - 020 8851 3487 - castlecombecfc@bromley.gov.uk

Community Vision - 020 8778 2970 - communityvisioncfc@bromley.gov.uk

Cotmandene - 020 8300 2548 - cotmandenecfc@bromley.gov.uk

Mottingham Community & Learning Shop - 1-2 Cranley Parade, Beaconsfield

Road, Mottingham, London, SE9 4DZ. Tel: 020 8860 1150

Fax: 020 8860 1159 Email: mcls@bromley.gov.uk

MOTTINGHAM COMMUNITY LEARNING SHOP Services available from The Shop Staff

The Shop team can help you with many issues such as:

Bromley Homeseekers

Registration and bidding for properties

Help with Post

Help reading and explaining letters and bills

Job search and support

Help with internet and paper searches. General C.V. help

Training Advice

Registering you for courses at The Shop and information on other courses/training available at other venues

Lifestyle Advice

Healthy lifestyle advice and information

Parenting Advice

Parenting/Family support and Information

Local services and activities

Information on services and activities in the Borough and beyond

Benefits

Where to go to get help and information. Forms and information available from the internet

Support and guidance

Exploration of issues that you may experiencing

Signposting

However, "if we can't help, we will find someone who can", we have an extensive networks of partners locally and in the wider area to refer clients to.

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Family Days Out

Merlins Magic Wand – eligible families can apply for special days out to one of the many UK Merlin Group attractions. www.merlinsmagicwand.org.uk

Universal childcare providers

We recognise and respect that parents and carers have the greatest understanding and knowledge of their child's needs. As such, we seek to enable parents to make educated choices about the type of provision their child can access. As a result of this, we do not recommend or endorse providers, but will discuss options in an impartial and non-judgmental manner. Here are some examples of inclusive out of school and holiday club provisions across the borough, but there are others that can be accessed:

ONE PAGE PROFILES

The use of one page profiles and liaising directly with providers/care givers can enable children with additional needs and disabilities to access provision inclusively. Please see an example of a one page profile on the following page which can be customised for your child's specific needs, wants and requirements. This form can be used for children both with or without disabilities.

There are other examples of one page profiles, go to: www.sheffkids.co.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:



Holiday Clubs

Chucklebox

Based at Hawes Down Centre, West Wickham. Age range 4- 11 years. Hawes Lane, West Wickham, BR4 9AE.

Tel: 07801 228655 Email: chucklebox@virginmedia.com

Superkids

Based at various locations including; St. James Church, Elmers End, Beckenham. Age Range 4 - 11 Years. St. James's Church Hall, St. James Avenue, Elmers End, BR3 4HF

Avenue, Elmers End, BR3 4HF Tel: 07732 305454 Email: superkids@btconnect.com

Coksie Kids Club

Based in Orpington. Age Range 4.5-11 Years. St.Peter & St. Paul Catholic Primary, St.Paul's Wood Hill, St.Paul's Cray BR5 2SR

Tel: 07739 464336 Email: coksie@hotmail.com

Stingers Kids Club

Based in Biggin Hill. Age Range 0 - 8 Years Spitfire Centre Church Road Biggin Hill TN16 3LD

Tel: 01959 540366 Mobile: 07889 361200

Email: honeysnursery@talktalk.net

For a full list of childcare providers in The London Borough of Bromley, please go to: www.bromley.gov.uk/childcare

Leisure Centres and other Social Activities

For further information regarding activities and places to visit access Bromley's online directory of community and voluntary services: www.infobromley.org

To find your local leisure centre, go to: www.bromleymytime.org.uk

Contact relevant leisure centre to confirm attendance as dates and times are subject to change.

Darrick Wood (Orpington)

Lovibonds Avenue, Orpington, BR6 8EW Tel: 01689 857 021
 Baby Splash and Junior Splash Sessions Tuesday 9.30-10.30am, Saturday 3-4pm and Sunday 9-11.30am.

Pavilion Leisure Centre (Bromley)

Kentish Way, Bromley, BR1 3EF Tel: 020 8313 9911
 Toddler Splash on Wednesday mornings 11-12pm. Buzz Zone activities – soft play (check times and availability during non-term times).

The Spa Leisure Centre (Beckenham)

24 Beckenham Road, Beckenham, BR3 4PF Tel: 020 8650 0233
 Family Splash Sessions Wednesday 3-4pm and Thursdays 12-1.30pm.
 Buzz Zone activities – soft play (check times and availability during non-term times).

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

West Wickham Leisure Centre

Station Road, West Wickham, BR4 0PY Tel: 020 8777 5686

Family Splash Sessions for children with additional needs and disabilities and their families (fourth Saturday of every month 4.30-5.30pm) Contact the centre to make a booking.

Walnuts Leisure Centre (Orpington)

 Lynch Gate Road, Orpington, BR6 0TJ Tel: 01689 870 533

Exclusive play sessions for Burgess Autistic Trust and Bromley Mencap (second Wednesday of every month 4-6pm)

Biggin Hill Memorial Pool

Church Road, Biggin Hill, TN16 3LB Tel: 01959 574468

Toddler Splash Saturday and Sundays 10-4pm.

Bromley Youth Support Programme

Activities and support aimed inclusively within the community for all young people aged 6-19 (up to 25 years of age for young people with an additional need or disability) who live in the London Borough of Bromley. There are various local youth hubs across the borough. Contact for more information.

Activities/events will be published on the website

Tel: 020 8466 3067 Web: www.youngbromley.info

North Hub at Castlecombe Youth Centre, Castlecombe Road, Mottingham, SE9 4AT

Tel: 020 8857 0047

East Hubs at The Link Youth Centre, Midfield Way, St. Pauls Cray, Orpington, BR5 2QL

The Duke Centre, Park Road, St. Mary Cray, BR5 4AS Tel: 020 8300 6749 South Hub at Spitfire Youth Centre, Church Road, Biggin Hill, TN16 3LB Tel: 01959 574835

West Hub at Streetwise Youth Centre, 1-3 Anerley Station Road, Anerley, SE20 8PY

Tel: 020 8778 4300

Darrick Wood Youth Group, Broadwater Gardens, Farnborough, BR6 7UA Tel: 07950 815063

The Phoenix Youth Group Disability Provision, Hawes Down Centre, Hawes Lane, West Wickham, BR4 9AE Tel: 07940 577646

Mobile Team at Central Library, 1st Floor, Central Library, High Street,

Bromley Tel: 07983 430396 Admin tel: 020 8466 3067

Email: <u>vouthactivities@bromley.gov.uk</u>
Web: <u>www.bromley.gov.uk/youthactivities</u>

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

General Information and Universal activities

Ayda Centre

African Youth Development Association – supporting the development of all young people, including those with Special Educational Needs and their families, through training and support activities. Runs workshops, intergenerational activities and support for isolated parents and young people. Facilitated parenting workshops and mentoring scheme for parents and carers.

Ayda Centre, Day Lewis House, 2nd Floor, 324-340 Benson Lane, Thornton

Heath, Surrey, CR7 7EQ Tel: 020 8239 0009

Email: admin@aydacentre.org Web: www.aydacentre.org

Angling Trust

The trust represents all game, coarse and sea anglers and angling in England. Tel: 0844 770 0616 Email: admin@anglingtrust.net

Web: www.anglingtrust.net

Avenues Trust – Sports and Active Lifestyles

'leisure and activity guide' Tel: 0800 292 2762

Web: www.avenuesgroup.org.uk

Beckenham and Penge Gateway Club

A social club for people with learning disabilities. The club meets up for regular activities, such as, disco, games, puzzles, coach outings, meals out and trips to the theatre. Royston School, High Street, Penge, SE20 Thursdays between 7.30-9.30, aged 16+. Tel: 07914 678409

Email: info@thegatewayclub.co.uk Web: www.thegatewayclub.co.uk

British Disabled Angling Association (BDAA)

Developing opportunities for disabled people of all ages and abilities to access the activity of fishing in the UK.

Tel: 01922 860912 Email: terry@bdaa.co.uk Web: www.bdaa.co.uk

Bromley Lions Club

Social and leisure activities for all age groups throughout the year. Sundridge Park Working Men's Club, Burnt Ash Lane Bromley, Kent, BR1 5AF

Tel: 020 8857 6624 Email: MikeDeves69@gmail.com

Bromley Valley Specialist Needs Gym Club (St. Pauls Cray)

Monday 6-7pm under 16 years; 7-8pm ages for over 16 years (ages 14-25) Gymnastics club for young people with disabilities. Contact centre for further details. Bromley Valley Gymnastics Centre, Chipperfield Road, St. Paul's Cray, Orpington, BR5 2QR

Tel: 020 8300 5964 Email: specialneeds@bromleyvalley.co.uk

Bromley Youth Music Trust

Southborough Lane, Bromley BR2 8AA Tel: 020 8467 1566

Email: contact@bymt.co.uk Web: www.bymt.co.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Christmas Tree Farm

Wide range of farm animals to see and interact with, through feeding and in some cases, make contact with. Food is available to purchase on the farm. Tea gardens, café and farm shop on site.

Cudham Road, Downe Village, TN16 Tel: 01689 861 603 – opening times: Monday - Sunday between 10.00 - 4.30pm. Web: www.xmastreefarm.co.uk

Churchill Theatre

High Street, Bromley BR1 1HA Tel: 08448 717 620

Customer service: 0844 871 7627

Contact the theatre directly to book tickets or for information on relaxed performances and accessibility.

Email: customercare@theambassadors.com Web: www.atgtickets.com

FOR MORE INFORMATION ON THEATRE VENUES:

Go to: www.officallondontheatre.co.uk

Useful link: Cinema Exhibition Association Ltd

If you require information regarding subtitles and audio description for cinema visits.

Web: www.yourlocalcinema.com

Applications can be made for a national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. Terms and conditions of use apply.
Tel: 0845 123 1292 Email: info@ceacard.co.uk Tel: 0845 123 1296

Web: www.ceacard.co.uk

Conquest Swimming Club

(Spa - Leisure Centre)

Provides voluntary instruction in swimming and relative water recreation. All ages and disabilities acceptable with doctor's certificate. Membership required. Session Times: 2.00-4.00pm

Apply in writing: Mrs.Carol Davis, Honorary Secretary, 26 South Bank, Westerham, Kent TN16 1EN

Godstone Farm and Play Barn

Tilburstow Hill Road, Godstone, Surrey, RH9 8LX

Tel: 01883 742 546 - opening times: Monday - Sunday between 10.00am -5.00pm (last admission 4.00pm) Web: www.godstonefarm.co.uk

Green Dragon & Biggin Hill Judo Club

Judo classes for children with balance and co-ordination difficulties. Please contact for further details. Introductory first session.

Green Dragon (Orpington): Sunday 10-11.30am

Biggin Hill Judo Club: Wednesday at Biggin Hill Squash Club: ages 5-10 at 7-8pm; ages 10-25 at 8-9.30pm Saturdays at Darwin Leisure Centre: all ages (family) 3.30-5pm

Little Dragons Judo Club: Saturday afternoon ages 3-5 years at 2.15-3.15pm

Tel: 01959 542 898 Web: www.doiudo.co.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Bromley MyLife Website: http://bromley.mylifeportal.co.uk/localoffer

Horse Riding Information

Riding for the Disabled Association

Norfolk House, 1a Tournament Court, Edgehill Drive Warwick, CV34 6LG Tel: 0845 658 1082 Email: info@rda.org.uk Web: www.rda.org.uk

The Diamond Centre – horse riding for disabled riders

Contact centre for further details and cost per term. There is a waiting list, but early application is beneficial.

Woodmansterne Road, Carshalton, Surrey, SM5 4DT Tel: 020 8643 7764

Fax: 020 8643 8720 Web: www.diamondcentre.org.uk

Email: diamondcentre@tiscali.co.uk

Riding for the Disabled Association

New Lodge Centre, Mottingham Lane, Eltham, SE9 4RW

Southborough Lane Stables

321a Southborough Lane, Bromley, Kent BR2 8BG Tel: 020 8467 5236

Web: www.southboroughstables.blogspot.co.uk

Kidspace (Croydon)

Indoor adventure park. Includes two multi-sensory zones. Discounted for blue badge holders and up to two helpers. Fun for all children.

Tel: 020 8686 0040 Email: croydonenquiries@kidspaceadventures.com

Web: www.kidspaceadventures.com

Magpie Dance Youth Group

The Magpie sessions are fully inclusive and aimed at people with a wide range of learning needs, aged 14+. These sessions are held weekly during school term-times (places must be booked in advance) Wednesdays 4.30pm - 6.30pm at the United Reform Church, 20 Widmore Road, Bromley, BR1 1RY. Sessions for 14-25 year olds - free). Saturdays – 10.30am-12.30pm

Harris Academy Bromley, Lennard Road, Beckenham, BR3 1QR.

Tel: 020 8290 6633 Email: admin@magpiedance.org.uk

Web: www.magpiedance.org.uk

Mousetrap Theatre Projects

Mousetrap Theatre Projects where families can enjoy one of 33 London theatre productions with all tickets at just £5 per person. Naturally, it would be ideal to give this to as many families as possible who would otherwise have some difficulties going to the theatre.

Organisation: Disabled Childrens Team Bromley

Contact number: 020 8313 4511

Exploring London Theatre – subsidised tickets for those who would normally be unable to access the theatre due to financial difficulties. Runs school workshops to support the theatre experience.

Tel: 020 87240 6606 Email: ffn@mousetrap.org.uk

Web: www.mousetrap.org.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Orpington and Bromley Gateway Club

A social club for people with learning disabilities. The club provides special events and takes members on outings, holidays, theatre trips, discos, sporting activities, quizzes and many more social activities, to improve member's quality of life and provides a welcome break for parents and carers.

Crofton Halls, York Rise, Orpington BR6 8PR Fridays between 7.30-9.30, aged 16+.

Tel: 0794 980 2993 Email: enquiries@orpingtongatewayclub.org.uk

Web: www.orpingtongatewayclub.org.uk

Phoenix Youth Club — run by the Bromley Youth Support Programme

Runs a social evening for young people with disabilities on a Mondays and Thursdays between 6.45pm-9.15pm (low cost entry).

Age range 10-25 years.

Mondays 6.45-9.15pm

For young people with disabilities ages 10 (school year 6) – 15 (school year 10)

North Hub @ Castlecombe Youth Centre, Castlecombe Road, Mottingham. SE9 4AT.

Tel: 020 8857 0047

Thursdays 6.45pm – 9.15pm

For young people with disabilities ages 15 (school year 11) – 24 years old. South Hub @ Spitfire Youth Centre, Church Road, Biggin Hill TN16 3LB Tel: 01959 574835. All activities are FREE. The team consists of qualified, experienced and DBS checked Youth Support Workers to facilitate the following activities:-

Football Cookery Gymnasium
Henna tattoos Dancing Games
Nail Art Karaoke Discos
Computer games IT Suite Sports
Face painting Arts and Crafts Life Skills

Lots & Lots More....

Please note: new Young people will be asked to complete a registration form upon arrival. Unfortunately they are not able to provide any aspect of personal care to support young people, but a carer may stay with the young person – please speak to the youth support worker in charge Kenisha McGregor on 07940 577 646 or the Youth Support Programme Office on 0208 466 3080 prior to your visit if you have any queries.

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Remark

Offers support to deaf, hard of hearing and blind individuals through events and initiatives and the sponsorship of individuals and clubs. Runs a club throughout the holiday period. Adress: 18 Leather Lane, London, EC1N 7SU - Tel: 020 7269 2620 Email: info@remark.uk.com Web: www.remark.uk.com

Scouts

9th West Wickham Specialist Needs Group - Friday (during term-time) 6.30-7.30pm - Cubs (8-11years) and Scouts (11-13years); 7.45-9.00pm - Explorers (14-18 years) and Network (19-25 years). Age groups 5-13; 14-18. Criteria is any child, or young adult with a disability. The group is run along the lines of traditional scout groups, but with a programme favoured to meet the needs and abilities of all members. The emphasis is on encouragement, participation, teamwork and fun.

Hawes Down Centre, Hawes Lane, West Wickham BR4 9XE Contact Caroline Stone on Tel: 020 8462 4432

Sharks Swimming Club (Mottingham and Eltham)

The Sharks is a competitive club providing swimming training sessions, as well as swimming lessons for people with physical and learning disabilities. The aim is to encourage fitness in athletes and help them to take part in gala competitions, up to international level. Opening times 7-9pm Mondays and 8.30-9.30 Thursdays. Meeting location at the Eric Liddell Sports Centre, Grove Park, Mottingham and The Eltham Leisure Centre, ages: from 6+ Tel: 07913 075373 (Marilyn Peciuch) Email: sharkssc@hotmail.co.uk Web: www.sharksofmottinghamdisabilityswimming.org.uk

Special K Club for Children with Disabilities

Co-ordination skills through ball games. Age range 5-18.

Saturdays only. Park Langley Club - Contact Tel: 020 8658 9028

Thames 21

Waterway Walks (a guided nature walk) are specially created for people with disabilities. Thames 21 also runs canoe trips for disability groups using Katakanu's, which have been designed with safety in mind, to provide a water-based activity with a high safety level and a lower fear level than existing crafts. Tel: 020 7248 7171 Email: info@thames21.org.uk

Web: www.thames21.org.uk

Uphill Ski Club (St. Pauls Cray)

The Uphill Ski Club aims to provide the possibility for people with a disability to participate in winter sporting activities; e.g. skiing. Skiing may be either standing or sitting. The Uphill believe in SKI-ABILITY not disability. Specialist adaptive equipment is provided where necessary. Skiers work with volunteer 'adaptive techniques' instructors, assisted by 'ski-buddies'. Also promoting snow sports for people with disabilities with the potential for Special Olympic opportunities. Contact for further details. Tel: 020 8460 4060 Email: the.dempsey@hotmail.com

Web: www.uphill-skiiing.org.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Activity Holidays and Summer Camps

Barracudas Activity Camp

Age Range 4.5 - 16 Years

Bromley and Chislehurst camp Tel: 0845 123 5299

Email: info@barracudas.co.uk Web: www.barracudas.co.uk

Chicks

Moorland Retreat, Brentor, Tavistock PL19 0LX

Tel: 01822 811020 Email: coordinator@chicks.org.uk

Web: www.chicks.org.uk

Disability Challengers

An independent charity providing inclusive play and leisure for disabled children and young people. A wide range of activities for disabled children and young people from the age of 2 - 25.

Tel: 01483 579390

Email: information@disability-challengers.org

Web: www.disability-challengers.org

Over The Wall

Over The Wall is an activity camp run during the Easter and summer holidays. The camp is for children aged 8-17 and their families, who are affected by serious illnesses and have been in and out of hospitals, away from school and home, facing treatments and living with uncertainty. Often their illness has taken away their confidence and created unease amongst their peer group, where they may feel they do not 'fit in'. The camp helps children to rebuild their confidence and self-esteem by encouraging them to take part in a range of activities, such as, kayaking, climbing, horse riding, archery, arts and crafts, technology and media, as well as a weekly talent show and the opportunity to make new friends. The children are supported during the week by the 'Over The Wall' staff, on a one-to-one basis and finally, a pediatric specialised team of doctors and nurses are on hand to provide support to the children where necessary. Contact organisation for further details. Tel: 02392 477 110 Web: www.otw.org.uk

Phab Projects

Phab provides and runs a range of projects enabling people with and without disabilities the opportunity to spend a week together at accessible venues and to be involved in a wide range of activities. Each project provides a safe, supportive environment which builds self-confidence, encourages young people to learn new skills and make new friends. Projects are offered at a subsidised rate.

- Inclusive Living Experiences for ages 9-16 (guideline only) with or without a disability individuals, brothers and sisters, friends, small groups and carers can attend. You do not need to be a Phab Club Member.
- ➤ Skills for Independence Project residential short stay projects specially designed for young people aged 18-25. A wide variety of educational and vocational experiences are incorporated into activities and adventures to provide an informative experience.

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

- ➤ Tall Ships Sailing Project sailing with Phab and the Jubilee Sailing Trust. For young people 16 and over, with or without a disability. The ship is fully accessible and everyone is encouraged to take part in all aspects of sailing the ship.
- Volunteering Opportunities for ages over 16. Must attend a training day and obtain a Disclosure and Barring Check (DBS - which can be processed by Phab at no cost to the applicant).

For further information and to request an application form for a 'Phab project':

Tel: 01254 824784 Email: Rebecca.hargreaves@phab.org.uk

Web: www.phab.org.uk

The Scout Holiday Homes Trust

Holiday homes within the UK for families with children with disabilities / additional needs and/or on a low income. All caravans and chalets have wheelchair access and full facilities. Contact for further details. Tel: 020 8433 7290 Fax: 020 8433 7184 Web: www.holidayhomestrust.org.uk

Email: scout.holiday.homes@scouts.org.uk

Vibrance

Supporting families to manage Direct Payments. Access to Personal Assistants (PA's) via a PA register. Tel: 0843 886 0756 Mob: 07961 485433 Email: bdp@Vibrance.org.uk Web: www.vibrance.org.uk

Brandon Trust

Can support families with outreach workers/personal assistants. Contact: Dawn Da Costa – placements manager: 07464 670622

Woodlarks Campsite

Camping for adults and children with disabilities.

Tilford Road, Farnham, Surrey, GU10 3RN Tel: 01252 716 279

Web: www.woodlarks.org.uk

Funding for Holidays Happy Days Children's Charity

Type of grant: one-off grants ranging from £25-£1,000 for family holidays in the UK (occasionally children who are terminally ill are funded for an overseas holiday). Also theatre and day trips to various locations and theatre workshops.

Eligibility criteria: grants the wishes of children aged 3-17 years living with life-threatening illnesses. How to apply: applications on a form available from the families and groups bookings welfare officer. Calls welcome for advice and guidance.

Cody House, 90-100 Collington Street, Luton, LU1 1RX

Tel: 01582 755999 Email: happydayscharity@yahoo.co.uk or enquiries@happydayscharity.org Web: www.happydayscharity.org

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

The National Holiday Fund for Sick Children

Type of grant: provides holidays to Florida. Eligibility criteria: chronically or terminally ill children and temporarily or permanently disabled children aged 8-18 years. Does not provide grants. How to apply: contact the charity for details of how to apply. PO Box 318, Great Yarmouth, NR29 4WT Tel: 01493 731 235 Email: nhfoffice@aol.com Web: www.nhfcharity.co.uk

Footprints

Provides permanent accommodation for five children and short break care for up to eight children aged from 3 to 17 years old.

Tel: 01227 780796

Email: admin@miles-of-smiles.org.uk
Web: www.miles-of-smiles.org.uk

Links to Accessible Holiday information:

- www.disabledholidaydirectory.co.uk
- www.accessibletravel.co.uk
- www.disabledholidayinfo.org.uk
- www.disabledaccessholidays.com
- www.holidayswithhelp.org.uk

European Health Insurance Card

When travelling abroad.

Email: ehicenquiries@ppa.nhs.uk Web: www.ehic.org.uk

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to:

Bromley MyLife Website: http://bromley.mylifeportal.co.uk/localoffer

Disclaimer

Please note that any individuals or organisations included in this summary are not recommended or endorsed by Education and Care and Health Services.

This summary of activities and support is written and devised by the Disabled Children's Team for parents and carers of children and young people with additional needs and disabilities living in the London Borough of Bromley. Professionals working with children, young people and their families may also find it useful.

It is designed to enable individuals to find out what is available as a means of support and to access services available locally more easily and directly. This is by no means a definitive summary to summer activities and other services and we recommend you contact the service or organisation directly for further information.

It must be pointed out, however, that not all services are available or appropriate for every child, parent or carer. Some services are available only to children who have been assessed and referred by a professional.

Whilst every effort has been made to ensure the accuracy of information provided, we cannot accept responsibility or liability for any errors which may have occurred. It is therefore, recommended that you always check details with providers to ensure their service meets your requirements.

We hope you find the information useful and welcome any comments. If you would like to talk to someone about any of the information provided in this summary:

Pelin Ahmet, Specialist Information Officer Disabled Children's Team

London Borough of Bromley

Tel: 020 8313 4511 | **Mob:** 07850 923 088



Disabled Children's Team

Hours: 8.45am - 5.00pm Monday to Friday Telephone: 020 8313 4511 during office hours Email: disabledchildrensteam@bromley.gov.uk

(this email address is for non-urgent general enquiries only)

For emergencies out of office hours and on bank holidays, contact the

Emergency Duty Team

Tel: 020 8464 4848 or 0300 303 8671

For more information of other services available for families of children with Special Educational Needs and Disabilities, please go to: